

5.3.3 Average number of sports and cultural events / competitions organised by the Institution per year (5)

Sr No.	Year	Date of event/competition (DD-MM-YYYY)	Name of the event/competition	Link
1	2016-2017	26.09.2016	World Tourism Week	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/1.pdf
2	2016-2017	28.10.2016	Dipawali Sweet Awareness Workshop	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/2.pdf
3	2016-2017	3.02.2017	Tandoor Workshop	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/3.pdf
4	2016-2017	23.02.2017	Spandan 2017, Cultural Fest	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/4.pdf
5	2016-2017	26.02.2017	2nd Alumni Meet	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/5.pdf
6	2016-2017	27.02.2017	Science Day	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/6.pdf
7	2016-2017	8.03.2017	3 Day food preparation and presentation	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/7.pdf
8	2016-2017	15.06.2017	National Workshop on National Yoga Day	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/8.pdf
9	2016-2017	21.06.2017	International Yoga Day Celebration	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/9.pdf
10	2017-2018	26.07.2017	Haryali Teej Celebration	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/10.pdf
11	2017-2018	29.08.2017	Celebration of National Sports Day (On the occasion of Birthday of Major Dhyan Chand)	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/11.pdf
12	2017-2018	5.09.2017	Teachers Day Celebration	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/12.pdf
13	2017-2018	14.09.2017	Hindi Fortnight	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/13.pdf
14	2017-2018	27.09.2017	Tourism quiz, poster making competition, commentary with slideshow, photography with write up	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/14.pdf
15	2017-2018	28.09.2017	Sports Day	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/15.pdf
16	2017-2018	01.11.2017	Haryana Day	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/16.pdf
17	2017-2018	09.08.2017	National Handloom Day	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/17.pdf
18	2017-2018	14.11.2017	Advertisement/Media Fest	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/18.pdf
19	2017-2018	14.11.2017	Children Day Celebration	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/19.pdf
20	2017-2018	09.01.2018	National Nutrition Week	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/20.pdf
21	2017-2018	26.01.2018	Republic Day	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/21.pdf
22	2017-2018	25.02.2018	Spandan 2018	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/22.pdf
23	2017-2018	28.02.2018	National Science Day	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/23.pdf
24	2017-2018	24.03.2018	NSS Camp	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/24.pdf
25	2017-2018	21.06.2018	Yoga Day	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/25.pdf
26	2018-2019	13.08.2018	Haryali Teej Celebration	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/26.pdf
27	2018-2019	15.08.2018	Independence Day Celebration	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/27.pdf
28	2018-2019	05.09.2018	Teachers Day Celebration	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/28.pdf
29	2018-2019	10.09.2018	National Suicide Prevention Week	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/29.pdf

30	2018-2019	10.09.2018	Hindi Pakhwada Celebration	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/30.pdf
31	2018-2019	24.09.2018	NSS Day Celebration	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/31.pdf
32	2018-2019	28.09.2018	'Mahatma Gandhi's 150th Birth Anniversary Celebration	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/32.pdf
33	2018-2019	28.09.2018	Sahitya Utsav	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/33.pdf
34	2018-2019	26.10.2018	Sangmanch Talent Hunt	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/34.pdf
35	2018-2019	30.10.2018	Literacy Fest	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/35.pdf
36	2018-2019	01.11.2018	Haryana Day Celebration	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/36.pdf
37	2018-2019	9.11.2018	Celebration of Education Week (Maulana Abdul Kalam Azad Birthday)	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/37.pdf
38	2018-2019	16.11.2018	NSS Camp	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/38.pdf
39	2018-2019	14.11.2018	Advertisement/Media Fest	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/39.pdf
40	2018-2019	09.01.2019	National Nutrition Week	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/40.pdf
41	2018-2019	16.02.2019	One Day Trip to Surajkund Mela at Faridabad	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/41.pdf
42	2018-2019	25.02.2019	Spandan 2019	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/42.pdf
43	2018-2019	26.02.2019	3rd Alumni Meet	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/43.pdf
44	2018-2019	28.02.2019	National Science Day Celebration	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/44.pdf
45	2018-2019	20.06.2019	Yoga for Healthy Heart	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/45.pdf
46	2018-2019	21.06.2019	5th International Yoga Day	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/46.pdf
47	2019-2020	01.10.2019	Celebration of "Gandhi Jayanti"	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/47.pdf
48	2019-2020	10.10.2019	INTERNATIONAL DAY OF THE GIRL CHILD CELEBRATION	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/48.pdf
49	2019-2020	11.09.2019-25.09.2019	Poetry Competition, Video Making, Salogan Writing Competition	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/49.pdf
50	2019-2020	31.10.2019	Joint Family Vs Nuclear Family	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/50.pdf
51	2019-2020	25.02.2020	Spandan 2020	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/51.pdf
52	2019-2020	27.02.2020	4th Alumni Meet	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/52.pdf
53	2019-2020	28.02.2020	National Science Day Celebration	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/53.pdf
54	2019-2020	4.04.2020	International Women's Day	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/54.pdf
55	2019-2020	16.05.2020	A Brief Introduction to the Hatha Yogic Tradition and Practices: A Historical Overview	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/55.pdf
56	2019-2020	31.05.2020	Efficacy of Shrimad Bhagawadgita in the current scenario (Corona-virus Covid-19 pandemic)	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/56.pdf

57	2019-2020	19.06.2020	Yoga for good health	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/57.pdf
58	2019-2020	21.06.2020	International Day of Yoga Celebration	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/58.pdf
59	2019-2020	24.06.2020	Counselling: A Bhagavad Gita Perspective	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/59.pdf
60	2020-2021	10.09.2020	Digital Poster Competition; Slogan Writing Competition (Suicide Prevention Week 2020)	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/60.pdf
61	2020-2021	27.09.2020	World Tourism day	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/61.pdf
62	2020-2021	23.09.2021	Act it out Competition	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/62.pdf
63	2020-2021	04.10.2020	Poster Making, Poetry, Mime Competition and Cultural Events (Mental Health Week Celebration)	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/63.pdf
64	2020-2021	20.10.2020	Gandhi Week; Freedom Fighters of India and Their Relevance in Present Time	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/64.pdf
65	2020-2021	23.10.2020	International Chef Day	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/65.pdf
66	2020-2021	25.02.2021	Foundation Day	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/66.pdf
67	2020-2021	28.02.2021	National Science Day Celebration	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/67.pdf
68	2020-2021	1.03.2021	CUH Online Alumni Meet	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/68.pdf
69	2020-2021	17.05.2021	Two systems of Patanjali Yogasutra - Kriya and Ashtanga Yoga and their Efficacy	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/69.pdf
70	2020-2021	18.06.2021	The role of Yogic practices in strengthening the immunity	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/70.pdf
71	2020-2021	19.06.2021	Integrative medicine perspective (Life style/Yoga Systems)	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/71.pdf
72	2020-2021	21.06.2021	International Day of Yoga	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/72.pdf
73	2020-2021	03.07.2021	Development of Yoga from Mountain Caves to Business World	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/73.pdf
74	2020-2021	10.09.2021	Cultural Program on Awareness Program on the Occasion of 8 th World Suicide Prevention Day	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/74.pdf
75	2020-2021	28.09.2021	National Nutrition Month	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/75.pdf
76	2020-2021	04.10.2021	Mental Health Awareness Week	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/76.pdf
77	2020-2021	15.10.2021	Role of Military Psychology in Indian Armed Forces	https://naac.cuh.ac.in/naac/Criteria_5/5.3/5.3.3/files/77.pdf

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77	2020-2021	15.10.2021	Role of Military Psychology in Indian Armed Forces	https://naac.cuh.ac.in/naac/Criteria 5/5.3/5.3.3/files/77.pdf


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